



'BLAST DOUBLE' BREAST CANCER CHARITY YOUTH TOURNAMENT

Proceeds donated to breast cancer research at
the Columbia University Irving Comprehensive Cancer Center

Date: Saturday, June 13th, 2026

Location: Ridgewood High School, 627 E. Ridgewood Ave, Ridgewood, NJ, 07450 – In Gymnasium 1

Divisions: Age as of 6/13/26. Male & Female Divisions combined. Tournament director reserves the right to combine adjacent weight classes.

- **6U** 36, 40, 42, 44, 46, 48, 50, 52, 55, 59, 65, 72, HWT
- **8U** 40, 43, 47, 50, 53, 57, 60, 63, 67, 70, 73, 77, 80, 87, 95, HWT
- **10U** 50, 53, 57, 60, 63, 67, 70, 73, 77, 80, 85, 90, 95, 100, 105, 110, HWT
- **12U** 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, 140, HWT
- **14U** 77, 85, 90, 95, 100, 105, 112, 119, 126, 133, 140, 150, 160, 170, 180, HWT

Schedule: 8am check-in, 9am start for 6U, 8U, 10U | 12pm check-in, 1pm start for 12U, 14U

Registration: click on the link to register – <https://wrestlereg.com/usaepay/index.php?id=1462> or go to <http://wrestlereg.com/>, select **register a wrestler**, and click on **2026 Blast Double (Ridgewood NJ)**

- Entry fee: \$37
- All registration and payments must be made online before Thursday, June 11
- No refunds will be issued, No walk-ins are accepted
- Participants will be capped at 350

Weigh Ins: Honor System with the right for the tournament director to challenge. Must be within two pounds on the day of the event or disqualified with no reimbursement.

Format: Brackets to be determined after registration is complete. Every attempt will be made for all wrestlers to get at least two matches. Wrestlers may enter two divisions but must pay two entry fees and register twice.

Rules: NJSIAA Rules (Modified). Singlet and headgear are required.

Bout Lengths: 6U, 8U, 10U: 1 – 1 – 1 | 12U, 14U: 1 – 1:30 – 1:30 | Overtime: 1:00 | Second Overtime: :30 ride out

Seeding: Wrestlers will be separated based on known records and abilities.

Awards: Medals awarded for 1st, 2nd and 3rd place.

Concessions: Food/Drinks and Apparel will be available for sale all day.

Coaches: Free entry with proof of valid USA Wrestling Coaches Card

Spectator Fee: \$5 for spectators 15 and older. Free admission for kids below 14 years of age.

Information: Contact Francesca Gusfa (tournament director) with any questions
201-739-8367 | blastdoublebreastcancer@gmail.com



RIDGEWOOD YMCA

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