

14th Annual Vista Eagle Varsity Invitational

Vista Del Lago High School
1970 Broadstone Pkwy
Folsom, CA 95630

- Date:** Saturday December 6th, 2025
- Entry Fee:** \$400 per team (10 - 20); \$40 per wrestler for teams of less than 10
- Weights:** CIF Weight classes (plus 1 pound if any teams compete Friday)
- Weigh-In:** 7:00 AM *Must Bring Alpha Roster*
- Wrestling Starts:** 9:00 AM
- Lunch:** Coach's Lunch will be provided.
- Format:** *16 or 24 man brackets. Double Elimination.
*7-8 mats in 1 building. (Beautiful Facilities!!)
*Tourney is run paperless via Trackwrestling w/ digital score/time displays.
- Awards:** *1st – 6th will medal in all brackets.
*1st-3rd Team Trophies
*Outstanding Lower and Upper Weight Awards
*Most falls in the least amount of time award.

PLEASE RSVP ASAP (I have to cap this at 30 teams and we get filled fast):

Cell 916-342-7057

E-mail frichmon@fcusd.org

Please Return To: Frank Richmond, 1970 Broadstone Pkwy, Folsom, CA 95630

School Name _____

Coach's Name _____

E-mail _____

Phone _____ Approximate # of Wrestlers: _____

Include a \$400 check if you are bringing a full team. If you are paying per wrestler then you will pay by cash/check at weigh-ins. Make checks payable to: Vista Athletic Boosters